

CONFIRMATION SAINT NAME AND RESEARCH PAPER



It is a tradition in our diocese for Confirmation Candidates to choose a saint name. This guide will help you to research various saints and give you the necessary tools to choose an appropriate name. Upon choosing a saint's name, you will be asked to write a one page paper about the life of your chosen saint and why you decided upon that particular saint.

Why do we choose saint's names for Confirmation?

At Confirmation we deepen our commitment to the Church and our faith. As a symbol of this change in our lives we choose for ourselves a 'new name.' We look to the saints to be models for our own lives, and we know that we are able to ask them to pray for us. So we use a saint's name for two reasons:

- 1) We choose the name of a saint we want to be like.
- 2) We choose a saint that we want to honor, and who we want to pray for us.

Below you will find a list of approved internet resources for saint searches, you can also use the books and other resources provided at our *Confirmation Preparation Sessions* and books in the St. John's library located in the church basement.

Researching Saints

****DO NOT JUST DO A GOOGLE SEARCH!!!!****

Use the approved Saint's Indexes listed below and the resources provided at *Confirmation Preparation Sessions* and books in the St. John's Library. Not all of the saints listed on the internet are Catholic saints, real people, or approved saints. The Bishop knows his saints very well and he may ask you for information about your saint name at Confirmation, so be sure you have the correct information and double check it with other resources.

Approved Websites for Saint Research:

- www.catholic-forum.com/saints/indexsnt.htm
 - www.americancatholic.org/Features/Saints/patrons.asp
 - www.catholic.org/saints/
 - www.scborromeo.org/patron_s.htm
 - www.newadvent.org
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Your Saint Paper: **DUE February 24th at Confirmation Class.**

You will have time in the Preparation sessions to work on your paper.

Use these questions to help write your Saint Paper:

- ❖ When and Where was your saint born?
- ❖ What did your saint do for a living?
- ❖ Did they go through a conversion?
- ❖ What made your saint special?
- ❖ Why is this person a saint?
- ❖ What was their relationship with Jesus like?

- ❖ Why did you choose this saint?
- ❖ How do you want your life to be like theirs?
- ❖ Name one quality of your saint that you want for yourself.
- ❖ How will this saint help you grow in your relationship with God?